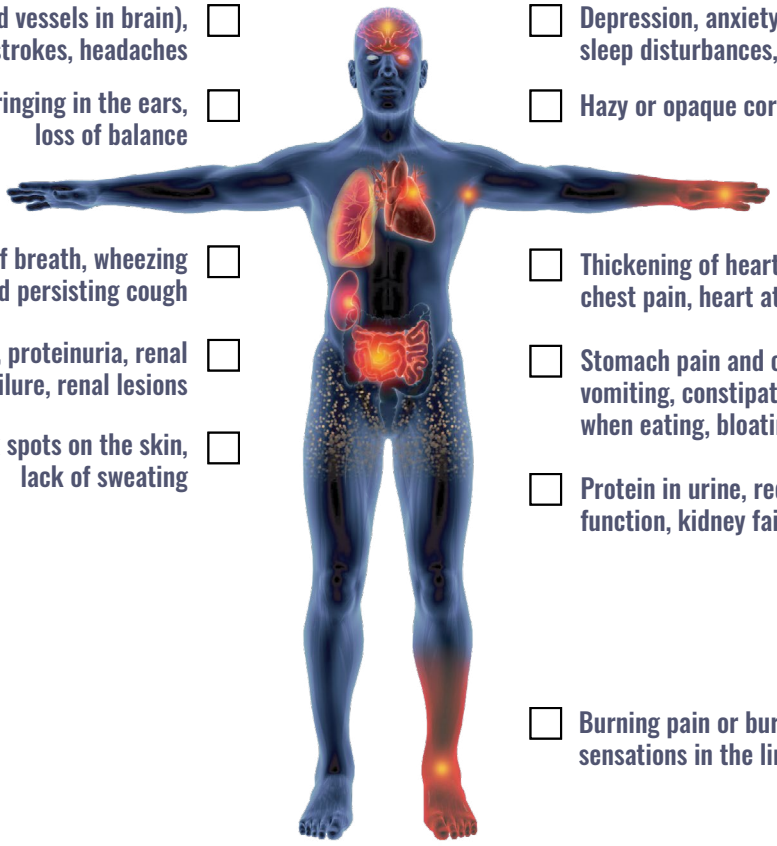
FABRY DISEASE SYMPTOM CHECKLIST

To be used in discussion with your doctor

If the below signs and symptoms sound familiar, take action now. Talk to your doctor about complimentary testing.

Possible signs and symptoms of Fabry disease

- ☐ Strokes (clogged blood vessels in brain), mini strokes, headaches
- ☐ Hearing loss, ringing in the ears, loss of balance
- ☐ Shortness of breath, wheezing and persisting cough
- ☐ Microalbuminuria, proteinuria, renal failure, renal lesions
- ☐ Small dark spots on the skin, lack of sweating



- ☐ Depression, anxiety, low mood, sleep disturbances, fatigue
- ☐ Hazy or opaque cornea
- ☐ Thickening of heart wall, irregular heartbeats, chest pain, heart attack
- ☐ Stomach pain and cramping, diarrhea, vomiting, constipation, feeling full early when eating, bloating
- ☐ Protein in urine, reduced kidney function, kidney failure
- ☐ Burning pain or burning and tingling sensations in the limbs, heat intolerance

If you are experiencing any of these symptoms, print out this document and take it to your doctor for further information.

www.FabryDisease.ca

This section is for your doctor only

Fabry disease is a progressive, X-linked inherited disorder caused by a genetic mutation leading to a deficiency of the enzyme α-galactosidase A (α-GAL A).[1]

Fabry disease is **commonly misdiagnosed**. Think of it when you see patients with these red flags:[1–3]

- Unexplained left ventricular hypertrophy (LVH)
- Unexplained chronic kidney disease (CKD)
- Arrhythmia
- Stroke in patients under 55
- Transient ischemic attacks (TIA) at a young age
- Multiple sclerosis (MS)
- Irritable bowel syndrome
- Sensory peripheral neuropathy

References: 1. Germain DP. *Orphanet J Rare Dis* 2010;5:30. **2.** Laney A, et al. *Am J Med Genet* 2015;17: 323–30. **3.** Mehta A, et al. Fabry Disease: Perspectives from 5 Years of FOS. Oxford: Oxford PharmaGenesis; 2006. Available from: https://www.ncbi.nlm.nih.gov/books/NBK11586/.

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